

# STAND WITH COURAGE ...

## *One Nation, One Spirit*



A PERSONAL 9/11 REMEMBRANCE

*...For yourself, for those around you,  
for your loved ones, for our nation,  
and—most of all—for the victims of*

**SEPTEMBER 11, 2002**

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The morning of September 11, 2001 confronted Americans with terrible images of loss and challenged us to move forward with hope and courage. By nightfall, families, friends and neighbors throughout the nation gathered for candlelight vigils to connect in their grief.

This September 11, there will be numerous public events for Americans to remember the victims of the terrorist attacks. However, some may wish to remember in a more personal manner. In response to requests from the public, the White House Commission on Remembrance has put together resources for September 11 personal remembrances. We ask that all Americans, whether alone or with friends and neighbors, be part of our vigil of hope and remembrance.

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### **Simple Ways to Participate:**

Gather family, friends or neighbors together or take time alone to reflect. Use our brief, adaptable “Stand With Courage: One Nation, One Spirit” tribute to aid you in your personal remembrance.

**Light a Candle...**The flame of the candle symbolizes the light of hope, liberty, and remembrance. Your personal candlelight vigil can be formal or informal.

**Ring a Bell...**The ringing of the bell three times represents the three sites that were attacked. If you don't have a bell, you can tap a glass as you say:

- ★ “With honor and respect, we remember...”
- ★ “Those who died at the World Trade Center.” (Bell rings)
- ★ “Those who died at the Pentagon.” (Bell rings)
- ★ “Those who died on United Flight 93 in Pennsylvania.” (Bell rings)

### **Other Ways to Remember:**

- ★ Gather with loved ones for dinner
- ★ Say a prayer for the families who lost loved ones
- ★ Say a prayer for our nation
- ★ Take a moment of private reflection
- ★ Call a family member to say “I love you”
- ★ Hug your children
- ★ Tell your co-workers that you appreciate them
- ★ Heal a rift in your family
- ★ Drive with your headlights on
- ★ Display your American flag
- ★ Send a donation to your favorite charity in honor of those who died, the families who grieve, and the ordinary Americans who responded with extraordinary courage